

Breakfast All Day

Served daily 7am – 10pm

Starters

- FRESH FRUIT SALAD** seasonal mixed fruit
Small \$3.25 Large \$5.25
- OLD FASHIONED OATMEAL**
with brown sugar and milk. Small \$3.50, Large \$4.50
add raisins or banana for \$.75 ea.
- GRANOLA** with milk (or soy milk).....\$4.00
with yogurt.....\$6.00
yogurt and fruit.....\$7.75
- COLD CEREAL** and milk (or soy milk).....\$2.75
with banana\$3.50
- HALF FRESH CANTELOUPE**.....\$3.50

OUR BREAD SELECTIONS:

- Sourdough white Raisin
Whole wheat Rosemary Garlic
7-grain Harvest (nuts & dried fruits)
Pumpnickel Bagels: plain, sesame,
Light rye or everything \$.50 extra
Seal English muffin \$.50 extra

Breakfast Sandwiches*

Homefries, or small salad \$1.00 extra

DELUXE EGG SANDWICH egg and cheese on bulkie roll or toast \$3.65, add bacon, sausage, ham or soy sausage, for an extra \$1.75

DELUXE GRILLED EGG SANDWICH

Grilled and pressed makes this an exceptional egg sandwich. Choose your bread and cheese.....\$5.00, combine with meat choice..... \$6.75

WESTERN SANDWICH traditional scrambled egg w/ham, tomato, onions and peppers.....\$4.95 add American, Cheddar or Swiss for an additional \$.75

SALMON & EGG SANDWICH scrambled egg with smoked salmon, lettuce, tomato and raw onion.....\$7.95

BREAKFAST CLUB Triple decker w/ fried or scrambled egg, sausage and bacon, lettuce, tomato and choice of American, Cheddar or Swiss cheese.....\$8.95

BREAKFAST BURRITO scrambled egg w/ black beans, salsa, avocado and cheddar wrapped in a tortilla.....\$7.95 add sausage or bacon..... \$8.70

VEGGIE BREAKFAST WRAP Scrambled tofu, soy cheese, avocado, tomato, black beans and soy sausage.....\$7.95

The B.E.S.T. Bacon, Egg, Spinach, Tomato & cheese, pressed and grilled on your choice of bread..... \$6.75

Deluxe Specials*

***STEAK AND EGGS** 6oz. sirloin steak grilled to order with 2 eggs any style, homefries or mixed green salad and toast.....\$10.95

HASH AND EGGS Our famous homemade corned beef hash. Two eggs any style, homefries or salad, and toast.....\$9.95

HUEVOS RANCHEROS Two eggs any style topped w/onions, peppers, salsa and cheddar cheese. Black beans, sour cream, avocado and tortillas on the side.....\$9.50

PASTRAMI & EGGS Two eggs scrambled with our NY Pastrami, homefries, toast or bagel and coleslaw.....\$8.95

LO-CARB BREAKFAST Three eggs with choice of two side meats: ham, bacon, sausage, linguica or Greek sausage. Served with sliced tomatoes.....\$8.45

SMOKED SALMON PLATTER Pastrami style smoked salmon with cream cheese, sliced tomato, sweet onion, lemon and capers with a choice of toasted bagel.....\$10.95
add two eggs any style.....\$12.50

MIDDLE EASTERN PLATTER A special platter of Middle Eastern specialties: hummus, tabouleh, falafel, feta cheese, greek yogurt, hard boiled egg, olives and fresh pita bread.....\$11.95

*DELUXE EGG BREAKFAST

TWO EGGS cooked any style with homefries or mixed green salad and toast \$5.45 (add one egg \$1.00) add a breakfast meat for \$1.75 choices include bacon, turkey bacon, ham, sausage, Greek sausage, linguica, or soy sausage.

For more see Breakfast Sides.

ONE EGG cooked any style with homefries or mixed green salad and one slice of toast \$4.25 add bacon, ham or sausage \$1.75

Eggs*

Our eggs are certified humane cage-free eggs. Egg beaters and egg whites may be substituted for \$1.00 extra.

*HEALTHY & HEARTY EGG

BREAKFAST PLATTER two eggs any style served with grilled tomatoes and your choice of spinach, broccoli, or mixed vegetables, whole wheat or 7-grain toast & a small fruit cup.....\$9.50

Omelettes*

All omelettes served with toast, and homefries or mixed green salad
Add a breakfast meat for \$1.75

WESTERN ham, onion, peppers and tomato \$8.75

GREEK spinach, tomato, Greek sausage and feta cheese..... \$8.75

GOAT CHEESE & SPINACH\$7.25
with bacon \$8.00

SPANISH peppers, onions, tomato and salsa \$8.75

MIXED HERBS & SWISS\$7.25

SUPER DELUXE HASH OMELETTE

Corned beef hash and choice of Cheddar, American or Swiss, melted on top.....\$10.95

MEAT LOVERS OMELETTE with bacon, ham and sausage.....\$8.00

CREAM CHEESE & DILL\$7.25

SOUTHWESTERN CHILI OMELETTE Our own chili-filled omelette topped with cheddar, sour cream and avocado..... \$9.95

VEGGIE OMELETTE mushrooms, onions, broccoli and spinach.....\$8.75 with cheese.....\$9.50

THE KITCHEN SINK OMELETTE

3 eggs and any 6 fillings.....\$10.50

DESIGN YOUR OWN Omelette*

All omelettes served w/ choice of toast and home fries or mixed green salad. Additional egg \$1.00ea. Substitute egg beaters or egg whites \$1.00 more. Add'l fillings \$.75ea.

FILLINGS

avocado	tomatoes	Cheddar	ham
sundried tomatoes	peppers	Swiss	sausage
salsa	fresh broccoli	American	bacon
fresh mixed herbs	fresh spinach	feta cheese	Greek sausage
onions	mushrooms	blue cheese	linguica
soy cheese	soy sausage	cream cheese	
	turkey bacon	goat cheese	

TWO EGGS	1 filling \$6.50
	2 fillings \$7.25
	3 fillings \$8.00
	4 fillings \$8.75

* These items may be served raw or undercooked. Consuming raw or under cooked meats, poultry, seafood, or eggs may increase your risk of food-borne illness

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Deluxe Colossal Hungry Person Special*
 Short stack of any variety of pancakes from the griddle or French toast, with two eggs any style, home fries & toast, choice of bacon, ham, sausage, Greek sausage, linguica, or soy sausage and a bottomless cup of coffee \$11.95
 additional \$3.50 for hash instead of meat listed above
 add blueberries, bananas, pecans or chocolate chips to your pancakes \$1.50
 No other substitutions - \$2.50 Sharing Charge

From the Griddle

DELUXE SOUR CREAM FLAPJACKS
 Our famous DELUXE TOWN DINER flapjacks made with sour cream & buttermilk. Try with blueberries!
 Short (2) \$6.25 Full (3) \$8.25

PLOYES Non-Dairy
 Buckwheat and wheat flour pancakes from a French Acadian recipe. *No eggs, milk or sugar and very light in oil.*
 Short (2) \$5.95 Full (3) \$7.95

SWEET POTATO PANCAKES
New Orleans Style
 Light and naturally sweet with *no cholesterol!* try with pecans! Short (2) \$6.25 Full (3) \$8.25

NEW YORK POTATO PANCAKES
 Crispy shredded potato pancakes with a bit of onion and spice. Served w/ dollop of sour cream and applesauce.
 Short (3) \$5.95 Full (4) \$7.95

Add blueberries, bananas, chocolate chips, dried cranberries or pecans to your pancakes, additional \$1.50
 Add a small side of fresh fruit additional \$2.00 Add smoked bacon, ham, pork, Greek (pork and beef), linguica or soy sausage, additional \$1.75 Add our own corned beef hash, additional \$4.95 Add a 6oz. sirloin steak, additional * \$6.95

BLUE CORNMEAL PANCAKES
 Specialty of the Southwest, made w/stone-ground blue cornmeal and wheat flour. Short (2) \$6.25 Full (3) \$8.25

RHODE ISLAND JONNYCAKES
 Made from stone-ground whole flint cornmeal, *wheat-free and low in fat.* These griddlecakes were a R.I. favorite long before the colonists arrived. Short (2) \$4.50 Full (4) \$6.50



We serve 100% Vermont maple syrup from Tim Merton's farm in Putney, VT

French Toast

CHALLAH
 Extra thick sliced challah bread dipped in egg batter seasoned w/ cinnamon and nutmeg. Topped w/butter and powdered sugar.
 Short (2pc.) \$6.25 Full (3pc.) \$8.25

HARVEST
 Whole wheat, w/nuts, cranberries and dates.
 Short (2pc.) \$6.50 Full (3pc.) \$8.50

Cheese Blintzes - Farmer's cheese with jam (1) \$3.50 (2) \$5.95 (3) \$7.95



BRUNCH SPECIALS*

Served only on Saturday, Sunday and Holidays (7am - 4 pm)

Fresh Fruit Platter
 Slices of seasonal melon, fresh fruit, yogurt or cottage cheese and homemade banana bread or date loaf \$10.25

Eggs Benedict
 Two poached eggs over black forest ham and an English muffin with hollandaise sauce and homefries or salad \$10.25

Eggs Florentine
 Two poached eggs with spinach and grilled tomato over an English muffin with hollandaise and homefries or salad \$10.25

Salmon Benedict
 Two poached eggs with smoked salmon over an English muffin with hollandaise and homefries or salad \$11.95

Deluxe Crab Cake Benedict
 Two poached eggs over crab cakes hollandaise sauce and homefries or salad \$12.50

Brunch Waffles
 Available only at brunch, we use our pancake batter to make waffles
 Sour cream/buttermilk, Sweet potato or Ploye
 one waffle \$4.00 two waffles \$6.25
 Blueberries or pecans add \$1.00 for 1 waffle, \$1.50 for 2 waffles

Single egg, any style \$1.00*
 Toast (2 pc) w/butter \$1.65 Harvest toast (2 pc) \$2.25
 English muffin \$1.75
 Bagel w/butter \$1.75 (plain, sesame, everything)
 Bagel w/cream cheese \$2.25
 Side home fries \$2.50
 Biscuits \$1.85, Biscuits w/ sausage gravy \$3.25
 Muffins - blueberry or corn grilled w/butter \$1.75
 Bacon (3pc.), turkey bacon (2) or chicken bacon (2) \$2.95
 Mini ham steak \$3.25*
 Sausage patty (2) \$2.95*
 Soy sausage (2) \$2.95*
 Greek sausage (beef & pork w/orange flavor) (2) \$2.95*
 Linguica (a mildly spicy Portuguese pork sausage) (2) \$2.95*
 Homemade Deluxe corned beef hash \$5.25*
 Grilled sirloin steak \$6.95*
 Side of smoked salmon \$6.75*
 Side of sliced grilled tomatoes \$2.00
 Side vegetable - spinach or broccoli \$3.50

Breakfast Sides

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